



*Faith Grows at Camp*

# PACKING FOR SUMMER CAMP

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ALBERTA CAMPING  
ASSOCIATION  
ACCREDITED CAMP



We recommend checking the weather forecast the week before your time at camp so you can pack accordingly, and we also suggest that you pack one or two extra sets of

**Please remember to label each of your camper's items with their name!**

## Clothing:

- Shirts
- Pants and/or Shorts
- Pajamas
- Underwear
- Socks
- Raincoat
- Sweater
- Swimsuit
- Close-toed shoes (runners)
- Water shoes (recommended)
- Rainboots (if necessary)
- Brimmed Hat

## Toiletries:

- Towel/face cloth (we recommend one for showering and a second for swimming)
- Soap/Shampoo
- Toothbrush/Toothpaste
- Deodorant
- Hairbrush (hair ties, etc.)

## Extras: (The \* indicates that it is necessary)

- Water Bottle\*
- Any necessary medications \* (in their original containers and labels)
- Sunscreen
- Bug spray
- Notebook and pencil
- Bible
- Camera
- Sunglasses
- Flashlight (and batteries)
- Garbage bags/ grocery bags/Ziploc (for wet or dirty clothes and swimsuits)

## Bedding:

- Pillow
- Sleeping Bag
- Blanket
- Fitted sheet (recommended)
- Teddy Bear/sleeping buddy

### **What not to bring:**

- Money – Souvenirs can be bought on opening and closing days
- Expensive Jewelry – Things can be lost or broken at camp so its best to leave valuables or keepsakes of any kind at home
- Gaming consoles – Please leave any kind of handheld gaming console at home, they will not be permitted for use during the week. Cellphones will be the *only* electronic device allowed, and it will only be permitted for a limited use during the day
- Food – Please remember we are a nut-free facility and all meals and snack will be provided. Please bring food if you have a specialty dietary concern (gluten-free, dairy-free, etc.) with the campers name on it. The check in staff will direct you where to put it

**Important - Camp Kannawin will not be responsible for any lost or broken items.**

### **Medications and Medical Information:**

- Please remember to note all allergies, medications, doctor's information, and any other vital medical information that we could need to know about.
- If you forget to list any medical information, please inform the check in staff of it and they will note it down.
- When you arrive to camp please give all medications to the nurse on site, along with any directions that are necessary like timing, how to give the medication, and what to do in the event of an emergency like an Asthma Attack.
- Medications must be in their original bottles with the camper's name listed and the medication's name.

## **We Look Forward to Seeing you at Camp!**

**Please ensure all requested camper information is submitted to the office at least 2 weeks prior to the start of the program.**

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If you have any question or concerns:

Check our Website: [Kannawin.ca](http://Kannawin.ca)

Leave A Message: (403)-887-5760

Follow us on Social Media:

E-Mail: [info@campkannawin.ca](mailto:info@campkannawin.ca)

@campkannawin